

Bumrungrad Personalized Medication Review Test Data

HN 987654321

Pharmacogenomics Clinic Bumrungrad International Hospital **Bumrungrad** International HOSPITAL

Personalized Medication Review

Name Test Data

HN 987654321

Date of birth: 1st Jan 1989

Collected Date: 1st Aug 2024

Reported Date: 7th Aug 2024

Personalized Medicine report

Genetic Testing for Drug Allergy Pharmacogenomics for *HLA-A* and *HLA-B***

In reference to the current database of drug-gene association, your results of *HLA-A* and *HLA-B* testing, which are related to drug allergy suggest that,

- You have a normal/ low risk of drugs induced severe cutaneous reaction if the following medications are used,
 - (1.) Carbamazepine (antiepileptic)
 - (2.) Oxcarbazepine (antiepileptic)
 - (3.) Co-trimoxazole (antibiotic)
 - (4.) Dapsone (antibiotic)
 - (5.) Abacavir (antiviral)
 - (6.) Nevirapine (antiviral)
 - (7.) Allopurinol (anti-hyperuricemia)

Therefore, the medications can be used period and dosing gurdeline. However, if you are a naive person, other common reactions, such as hives or respectively also be monitored.

Genetic Testing for Drug Metabolism Pharmacogenetics in *TPMT* and *NUDT15*

Difference of the second side effect of immune oppressive medications

You have nor al function of *TPMT* and *NUDT15* gene. The use of medications metabolicad y FPMT (Thiopurine-*S*-methyltransferase) and NUDT15 (Nucleoside hearth are-inked moiety X motif 15) enzyme has been shown as below,

- Azathionine (For treatment of Crohn's disease or Rheumatoid arthritis)

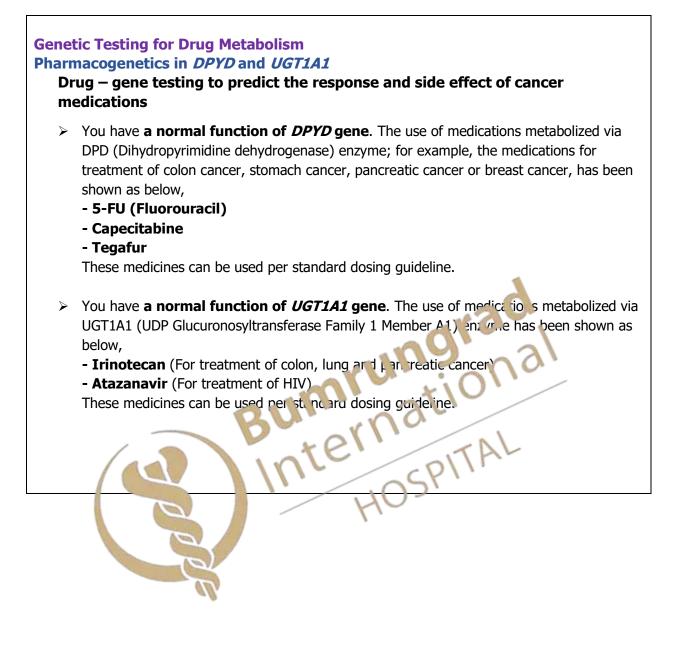
- Thioguanine (For treatment of acute myeloid leukemia)
- Mercaptopurine (For treatment of acute myeloid leukemia)

These medicines can be used per standard dosing guideline.



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Personalized Medication Review

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HN 987654321

Date of birth: 1st Jan 1989

Collected Date: 1st Aug 2024 Reported Date: 30th Aug 2024

Personalized Medicine report

Genetic Testing for Drug Metabolism Pharmacogenomics panel (11 genes)

Current medications

Azathioprine (Imuran[®]) is a medicine used for treatment of irritable bowel syndrome (IBS). It is metabolized via TPMT (Thiopurine-S-methyltransferase) and NUDT15 (Nucleoside diphosphate-linked moiety X motif 15) enzyme. Since you have a normal function of TPMT and *NUDT15* gene, the medication can be used as per standard dosing guideline. However, its side effects, such as nausea, vomiting, low white blood cell count and increase risk of infection should be observed. Moreover, blood testing will be routinely monitored by the doctor while yong this medication.

Regarding your Mesalazine (Pentasa®) and supplements which are MTV and Omega-3, the response including the efficacy and side effects of man could not be predicted from the genetic testing for drug metabolism (PGx panel-BH Med Con).

Bring the lists of your circen m dications and suppements to the hospital every visit, so that the doctor and/or a pharmacit an recheck the possible side effects and interaction among them.

Note: The p. the dector if you

is based on simply the genetic profile. Other factors such as patient's current condition, kidne concliver function, and drug interaction among drugs, etc. may also be considered by ication eatment would be adjusted.

Reviewed by R. Ph 1 Pharmacy License No. 87654

Approved by: R. Ph 2 Pharmacy License No. 45678





ห้องปฏิบัติการเภสัชพันธุศาสตร์ (Laboratory for Pharmacogenomics)



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PHARMACOGENOMICS AND PERSONALIZED MEDICINE REPORT

Name-Surname :	Age :	Gender :	
Hospital Number :	Hospital/Source :		
Specimen :	Phone/Fax :		
Ethnicity :	Requested date :		
Physician :	Reported date :		

Pharmacogenetic testing (Panel report)

Pharmacogenetic testing (Panel report)			vad.
Gene	Predicted Genotype	Predicted Phenotype	The appuir commendation
TPMT	TPMT *1/*1 (wild type)	Normal metabolizer (NM	Thopurine drugs can be used as standard dosing guideline. (See page 2-3 for more information)
NUDT15	NUDT15*1/*1 (wild type)	Not tal neuroolizer (NM)	Th opurine drugs can be used as standard dosing guideline. (See page 4.5 for more information)
DPYD	DI'YD *, (vild type)	No mallium tion of DPD Ge activity score = 2	Fluoropyri nidine drugs can be used as standard dosing guideline. (See page 6 for more information)
UGTIAI	U 'TIAI*1/*30 (hete vgous mutan.	Mal metabolizer (NM)	Possible to use standard regimen of drugs involve this enzyme metabolism. (See page 7 for more information)
HLA-A	HLA-A*24:02/30.01	-	(See page 8-9 for more information)
HLA-B	HLA-B*07:02/51:01		



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	-B	p (ndividual gene review)	
TPMT ge	notyping	(Test code 4	100290)	
Gene	Predicte	d Genotype	Predicted Phenotype	Therapeutic recommendation
TPMT	TPMT *		Normal metabolizer (NM)	Thiopurine drugs can be used as standard dosing guideline.

Thiopurine-S-methyltransferase (TPMT) is play a major role in metabolism of 6-mercaptopurine and 6-thioguanine which use to treat acute lymphoma leukemia (ALL), Crohn's disease and ulcerative colitis along with its prodrug, azathioprine. These agents are immunosuppressive agent widely used for autoimmune disorders, inflammatory bowel disease (IBD) and for the graft transplantation. Even these drugs have high efficacy for treatment and may indicate us but with narrow therapeutic index must be concerned which likely to cause the adverse effect when their levels are tigh or xceed the toxic level, bone marrow suppression can be observed especially who got the poor TPMT enzyme. It ty

Many polymorphisms of *TPMT* have been found \pm le st 2. andeles were reported ^[11] which the study of TPMT enzyme activity in red blood cells also shown that he pre-all the of normal metabolizer (NM) and intermediate metabolizer (IM) in American were 89 – 94% and 6 – 11%, respectively while the program netabolizer (PM) was accounted for only 0.3 – 0.5% ^[2]. For Thai, the prevalence of M of IM wer 95% and 5% however no PM prevalence was reported ^[3]. The genetic variation of *TPMT* were vary be ween cumated bown in T ole 1), for Europeans the most mutation was *TPMT*3A* with *TPMT*3C* and *TPMT*2*, respectively. Nonversely in the program to common variation was *TPMT*3C* with no report on *TPMT*3A* and *TPMT*2* in Asian [3-5].

[1-4] [2-4] [2-4] [2-4]

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Ethnicity		Allele's fr	equency (%)	
	*2	*3A	*3B	*3C
Thai	0	0	0	3.2-5.3
Chinese	0	0	0	1-2.3
Japanese	0	0	0	1.6
West Asian	0	0.1	-	0
European	0.1-0.7	2.3-8.6	0-0.1	0.1-0.8
African	0	0		5.4-7.6
African - America	0.4	0	-	2.4





PERSONALISED MEDICATION Report

For

Date of birth:myDNA ID:Pathology No:Sample type:Collected:Received:Reported:Doctor:



Personalised Medication Report

for

Unless instructed by their doctor, patients are advised not to alter the dose or stop any medications.

Name: Address:	DOB: myDNA ID:	Collected: Received:
Dester	Pathology No:	Reported:
Doctor:		

Sample type and quality:

Buccal. The sample quality was assessed and deemed to be satisfactory according to the laboratory's acceptance criteria.

Clinical Notes:



REPORT SUMMARY

MEDICATIONS OF INTEREST OVERVIEW

MEDICATIONS THAT DO NOT HAVE PRESCRIBING CONSIDERATIONS BASED ON myDNA TEST

mesalazine, multivitamin, omega 3, tobacco smoke

GENETIC T	GENETIC TEST RESULTS OVERVIEW					
GENE	GENOTYPE	PREDICTED PHENOTYPE	CE IE GENOTYFE	FREDICTED PHENOTYPE		
CYP2D6	*1/*1	Normal metabol [:] se	СҮРЗА5 3/*3	Poor metaboliser		
CYP2C19	*1/*1	Normal r et boliser	SLCO1B1 *1/*1	Normal transporter function		
CYP2C9	*1/*2	Intern ediate metaboliser	CYP2B6 +1/+6	Intermediate metaboliser		
VKORC1	AG	Modera ely reduced VKORC enzyme level	OPRM1 AA	Normal mu opioid receptor expression		
CYP1A2	*1\	ltrare d metaboliser (with ducer present)	ABCG2 (rs2231142 CC)	Normal transporter function		
CYP3A4	*1/*1	nal metaboliser				

Detailed interpretations of genetic test results are provided in the *pharmacogenomic interpretation* section below.

The following diagram provides the range of enzyme activity predicted by the myDNA test.

POOR METABOLISER	INTERMEDIATE METABOLISER	NORMAL METABOLISER	RAPID METABOLISER	ULTRARAPID METABOLISER	
	ine hisoeroen	ine in Boeloen	ine model de la		

INCREASING ENZYME ACTIVITY

OTHER INFORMATION

Please note that the myDNA medication test does not cover TPMT genotyping, used to predict the dose and risk of myelosuppression of thiopurine drugs (azathioprine and 6-MP). TPMT genotype testing can be ordered through myDNA for Australian patients and may be Medicare subsidised. For non-Australian patients, consult your local pathology provider for TPMT genotype testing.



POTENTIAL DRUG INTERACTIONS

The effect of drug-drug interactions can be additive to the effect of genotype on drug metabolism. Inhibitors can decrease and inducers can increase metabolism, leading to changes in drug concentration and clinical effects.

Comments in the medications of interest and future medications sections only consider the effects of the patient's genotype, not those due to interacting drugs. For the health professional's consideration, the table below identifies which of the patient's current drugs may inhibit or induce those enzymes tested by myDNA. The extent of the inhibition or induction depends on the dose and duration of the therapy. The overall effect on metabolism by a specific enzyme may be estimated by considering both the genetic finding and the potential interacting drug.

MEDICATION	INHIBITOR – MODERATE	INHIBITOR - STRONG	INDUCER
Tobacco Smoke			CYP1A2



FUTURE MEDICATIONS

The following tables outline personalised recommendations for future medications.

NOTE: These tables do not account for the effect of any inhibitors or inducers. The table is not in a provide list of medications but includes many commonly prescribed medications.

MEDICATIONS WITH M	MEDICATIONS WITH MAJOR PRESCRIBING CONSIL ER. JONS				
MEDICATION (DRUG CATEGORY)		RECOMMENDATION			
Acenocoumarol (Anticoagulants)	VKORC1 - I or erately reduce 1 VKORC1 enzyme leve. YP2C9 Interm dicte metabolis r: ightly rejuced metabolism of acenocoul arol by CYP2C9 is blicter Reduced amount of VKORC present (the enzyme inhis t d by acenocoumarol). Dvol. I increased sensitivity to acel coumarol, an increased risk of both supratherapeutic INR and bleeding, and a lower dose requirement are predicted.	Based on the CYP2C9 and VKORC1 genotypes, DFWG ¹ , ² states that no specific action is required for dosing of acenocoumarol. Genetic variation may lead to a decrease in the required maintenance dose, however there is insufficient evidence that this causes problems when therapy is initiated as usual, i.e. with frequent INR monitoring.			
Warfarin (Anticoagulants)	VKORC1 - Moderately reduced VKORC1 enzyme level CYP2C9 - Intermediate metaboliser: Slightly reduced metabolism of warfarin by CYP2C9 is predicted. Reduced amount of VKORC1 (the enzyme warfarin inhibits). The combined CYP2C9 and VKORC1 results predict increased warfarin sensitivity and increased risk of supratherapeutic INR.	CYP2C9 and VKORC1 - For patients already taking warfarin (e.g. more than 5 doses), dose adjustment is guided by INR. For patients initiating warfarin, there are CPIC ³ recommendations to reach the therapeutic dose. The summary of CPIC recommendations include consideration of the use of validated published pharmacogenetic algorithms ⁴ , ⁵ available at warfarindosing.org that take into account clinical details as well as genetic findings. See CPIC guidelines for further details. If the patient identifies to be of African ancestry, CPIC provides recommendations for special dosing requirements for warfarin.			
Efavirenz (Antivirals)	CYP2B6 - Intermediate metaboliser: Reduced metabolism of efavirenz and higher dose-adjusted trough	CPIC and DPWG ⁶ , ⁷ provide a moderate recommendation to consider initiating efavirenz with decreased dose of 400 mg/day.			



MYDNA

MEDICATIONS WITH M	IAJOR PRESCRIBING CONSIDERATION	ONS
MEDICATION (DRUG CATEGORY)	INTERPRETATION	RECOMMENDATION
	concentrations compared with normal metabolisers is predicted. This has been associated with an increased risk of concentration- dependent adverse effects, including CNS adverse events.	If therapeutic drug monitoring is available and a decreased dose of efavirenz is prescribed, consider obtaining steady-state plasma efavirenz concentrations to ensure they are in the suggested therapeutic range. The potential benefits and risks of the reduced dose and pill number should be considered.
Fluvastatin (Statins)	SLCO1B1 - Normal transporter functionCYP2C9 - Intermediate metaboliser:This SLCO1B1 genotype is associated with typical statin exposure and myopathy risk.8This CYP2C9 genotype predicts increased fluvastatin exposure as compared with normal metabolisers, which may translate to increased myopathy risk.8Other factors that may further increase this myopathy risk.8	CPIC guidelines ⁸ provide a moderate recommendation to prescribe less than or equal to 40mg daily as a starting dose and adjust doses based on disease-specific guidelines. If doses >40mg are required for desired efficacy, consider an alternative statin or combination therapy (i.e. fluvastatin plus non-statin guideline directed medical therapy).
	hypol yroidism, advanced age, low BMI, in case of vsical exercise and Asian or African ancestry.	SPITAL
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DRUG CATEGU	MEDICATION	GENE(S) INVOLVED	POTENTIAL CLINICAL ISSUES	PUBLISHED GUIDELINES
ADHD - miscellaneous agents	Aton c ketine	CYP2D6	Reduced / inadequate response	CPIC ⁹ , FDA ¹⁰
Angiotensin receptor blockers	Irbesartan	CYP2C9	Increased therapeutic and/or adverse effects	-
Antidepressants -	Agomelatine	CYP1A2	Reduced / inadequate response	-
other	Bupropion	CYP2B6	Altered response	-
	Mirtazapine	CYP2D6 CYP1A2	Reduced / inadequate response	-
Antidepressants - SNRIs	Duloxetine	CYP2D6 CYP1A2	Reduced / inadequate response	CPIC ¹¹
Antidepressants - SSRIs	Sertraline	CYP2B6 CYP2C19	Increased therapeutic and/or adverse effects	CPIC ¹¹
Antidiabetics	Gliclazide	CYP2C9 CYP2C19	Increased therapeutic and/or adverse effects	DPWG ¹²
	Glimepiride	CYP2C9	Increased therapeutic and/or adverse effects	DPWG ¹³
	Glyburide	CYP2C9	Increased therapeutic and/or adverse effects	DPWG ¹⁴
Antiepileptics	Fosphenytoin	CYP2C9	Adverse effects	CPIC ¹⁵
	Phenytoin	CYP2C9	Adverse effects	CPIC ¹⁵





MEDICATIONS WITH MINOR PRESCRIBING CONSIDERATIONS				
DRUG CATEGORY	MEDICATION	GENE(S) INVOLVED	POTENTIAL CLINICAL ISSUES	PUBLISHED GUIDELINES
Antipsychotics	Clozapine	CYP2D6 CYP1A2	Reduced / inadequate response	DPWG ¹⁶
	Olanzapine	CYP1A2	Reduced / inadequate response	DPWG ¹⁶
Antivirals	Nevirapine	CYP2B6	Adverse effects	-
Beta blockers	Propranolol	CYP2D6 CYP1A2	Altered response	-
Haemostatic agents	ic agents Avatrombopag		Altered response	FDA ¹⁷ , TGA ¹⁸
Miscellaneous	Dronabinol	CYP2C9	Adverse effects	-
	Lesinurad	CYP2C9	Adverse effects	-
NSAIDs	Celecoxib	CYP2C9	Increased therapeutic and/or	CPIC ¹⁹
			adverse effects	
	Flurbiprofen	CYP2C9	Adverse effects	CPIC ¹⁹
	Ibuprofen	CYP2C9	Adverse effects	CPIC ¹⁹
	Lornoxicam	CYP2C9	Adverse effects	CPIC ¹⁹
	Meloxicam	CYP2C9	Adverse effects	CPIC ¹⁹
	Piroxicam	CYP2C9	Adverse effects	CPIC ¹⁹
	Tenoxicam	CYP2C9	Adverse effect,	CPIC ¹⁹
Opioid Analgesics	Methadone	CYP2B6	Alter a 25 onse	-
Proton pump	Dexlansoprazole	CYP2C19	ecuced inadequate esponse	CPIC ²⁰
inhibitors	Lansoprazole	CYP2C19	Reduced / inadequate response	CPIC ²⁰
	Omeprazole	C'11 2C 19	Reduced / inadequate response	CPIC ²⁰
	Pantoprazole	C 'P2C19	Reduced / inadequate response	CPIC ²⁰
Burnar				

MEDICATIONS WITH <u>UAL</u> PRESCRIBING CONSIDERATIONS				
DRUG CATEGO		GENE(S) INVOLVED	POTENTIAL CLINICAL ISSUES	PUBLISHED GUIDELINES
ADHD - miscellaneo s agents	M, xazine	CYP2D6	No altered effect predicted by genotype	-
Angiotensin ceptor blockers	l osa tan	CYP2C9	No altered effect predicted by genotype	-
Antianginals	Di mine	CYP2D6	No altered effect predicted by genotype	-
Antiarrhythmics	Flecainide	CYP2D6	No altered effect predicted by genotype	-
	Propafenone	CYP2D6	No altered effect predicted by genotype	-
Anticholinergics (genitourinary)	Darifenacin	CYP2D6	No altered effect predicted by genotype	-
	Fesoterodine	CYP2D6	No altered effect predicted by genotype	-
	Tolterodine	CYP2D6	No altered effect predicted by genotype	-
Anticholinesterases	Donepezil	CYP2D6	No altered effect predicted by genotype	-
	Galantamine	CYP2D6	No altered effect predicted by genotype	-
Anticoagulants	Prasugrel	CYP2C19	No altered effect predicted by genotype	DPWG ²¹
	Ticagrelor	CYP2C19	No altered effect predicted by genotype	DPWG ²²
Antidepressants - Mianserin other		CYP2D6	No altered effect predicted by genotype	-





MEDICATIONS WITH USUAL PRESCRIBING CONSIDERATIONS				
DRUG CATEGORY	MEDICATION	GENE(S) INVOLVED	POTENTIAL CLINICAL ISSUES	PUBLISHED GUIDELINES
	Hydrocodone	CYP2D6	No altered effect predicted by genotype	CPIC ³⁴
	Morphine	OPRM1	Associated with increased sensitivity to morphine	CPIC ³⁴
	Oliceridine	CYP2D6	No altered effect predicted by genotype	-
	Oxycodone	CYP2D6	No altered effect predicted by genotype	CPIC ³⁴
	Tramadol	CYP2D6	No altered effect recicted by genotype	CPIC ³⁴
Proton pump inhibitors	Esomeprazole	CYP2C19	No alter dooffect predictod by ຕະດັ້ງຕະ	-
	Rabeprazole	CYP2C19	No altered effect predicted by genotype	-
Psychostimulants	Amphetamine	C 1P_D6	No allered effect predicted by genotype	-
	Dextroamph tar line	CYP2D5	No altered effect predicted by genotype	-
Statins	Jexami tamine	CYF2D6	No altered effect predicted by genot/pe	-
	rvastatir	SLCO1B1	No altered effect predicted by genotype	CPIC ⁸
	tatin	SLCO1B1	No altered effect predicted by genotype	CPIC ⁸
	Pitava, trun	SLCO1B1	No altered effect predicted by genotype	CPIC ⁸
	Pravactitin	SLCO1B1	No altered effect predicted by genotype	CPIC ⁸
	Rosuvastatin	ABCG2 (rs2231142) SLCO1B1	No altered effect predicted by genotype	CPIC ⁸
	Simvastatin	SLCO1B1	No altered effect predicted by genotype	CPIC ⁸

LEGEND:

CPIC = Clinical Pharmacogenetics Implementation Consortium DPWG = The Royal Dutch Pharmacists Association – Pharmacogenetics Working Group

TGA = Therapeutic Goods Administration (Australia) FDA = Food and Drug Administration (US)

CPIC and DPWG guidelines are available on the PharmGKB website www.pharmgkb.org/view/dosing-guidelines.do

PHARMACOGENOMIC INTERPRETATION

EXPLANATION OF GENETIC RESULTS		
GENE	GENOTYPE	PREDICTED FUNCTION
CYP2D6	*1/*1	CYP2D6 - Normal metaboliser Due to the presence of two copies of normal function alleles, this individual is predicted to have a normal metaboliser phenotype. For a drug extensively metabolised by CYP2D6, drug exposure and clinical effects may be expected to lie within the normal range.





EXPLANAT	ION OF GENET	TIC RESULTS
GENE	GENOTYPE	PREDICTED FUNCTION
CYP2C19	*1/*1	CYP2C19 - Normal metaboliser Due to the presence of two copies of normal function alleles, this individual is predicted to have a normal metaboliser phenotype. For a drug extensively metabolised by CYP2C19, drug exposure and clinical effects may be expected to lie within the normal range.
CYP2C9	*1/*2	CYP2C9 - Intermediate metaboliser Due to the presence of one normal function allele and one decreased function allele, this individual is predicted to have an intermediate metaboliser phenotype. For a drug extensively metabolised by CYP2C9, drug exposure and clinical effects may either be increased (for an active drug) or decreased (for a prodrug). As the decreased function allele is associated with only a small reduction in enzyme function, this variation may only be significant for certain medications, with high dosages or if drug-drug interactions occur.
VKORC1	AG	VKORC1 - Moderately reduced VKORC1 enzyme level The VKORC1 enzyme is predicted to be present in moderately reduced amounts and the response to warfarin will be enhanced. The CYP2C9 genotype should also be considered together with the VKORC1 genotype for c loulating the initial warfarin dose.
CYP1A2	*1F/*1F	CYP1A2 - Ultrarapid metaboliser (with inducer present, Due to the presence of two *1F alleles, this in dividual is predicted to have an ultrarapid metaboliser phenotype. Encycle convirts is highest in the presence of inducers, such as tobacco smoker, right an consumption of truciferous vegetables or chargrilled meats, and per ain chugs. For a drugtex ensively metabolised by CYP1A2, drugtexposing an Uclinical effectionary either be reduced (for an active drug) or increased for a prodrug)
СҮРЗА4	*1/*1	CYP3A4 - or nar metaboliser The C2 allele is not present and this individual is expected to have a normal netaboliser phenotype. Whilst many drugs are known to be metabolised by CYP3A4, elatively few genetic variations have been found that affect metabolism f a limite number of these drugs.
CYP3A5	*: /*3	• YP3A5 • oor metaboliser • to the presence of two no function alleles, this individual is predicted to have • ooor • etaboliser phenotype (CYP3A5 non-expresser). CYP3A5 is known to meet buise certain drugs, including tacrolimus. Note that this individual's • otype is the most common one amongst Caucasians.
SLCO1B1	*1/*1	SLC 1B1 - Normal transporter function The decreased function *5 allele is not present and this individual is predicted to have normal function of the <i>SLCO1B1</i> encoded transporter. The transporter is important for the clearance of certain drugs, including simvastatin.
CYP2B6	*1/*6	CYP2B6 - Intermediate metaboliser This individual is predicted to have an intermediate metaboliser phenotype due to the presence of one normal function allele and one decreased function allele. Due to technical difficulties in unambiguously determining this genotype, the individual's other possible genotype is *4/*9 which also predicts an intermediate metaboliser phenotype. For a drug extensively metabolised by CYP2B6, drug exposure and clinical effects may either be increased (for an active drug) or decreased (for a prodrug). This individual is at risk of experiencing adverse effects (active drug) or therapeutic failure (prodrug).